

Covid-19 Impact on Mental Health

Weekly Insights: March 28 – April 5

We have summarised the key Insights of the previous week from our live Covid-19 Mental Health Impact Trackers. The insights are based on over 3.4 Million tweets around Covid-19 / Coronavirus topics last week in English and German language.

To discover more insights in real-time, check out our live trackers at:

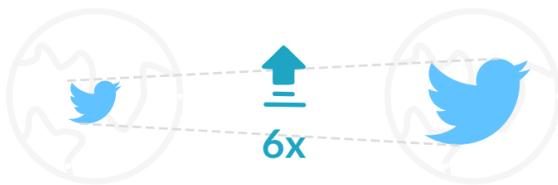
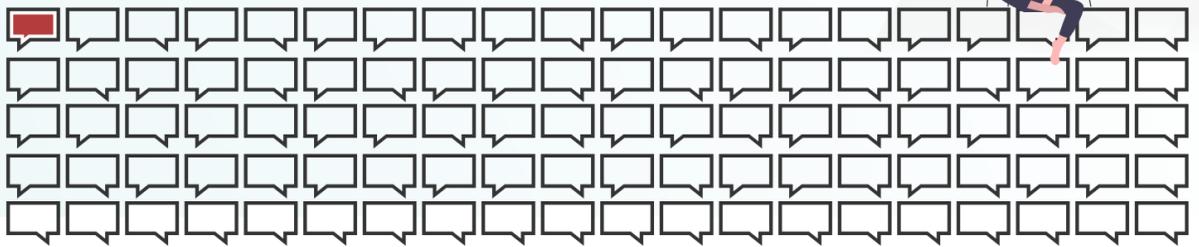
<https://www.symanto.net/live-insights/mental-health-coronavirus/> (for tweets in English language)

<https://www.symanto.net/de/live-insights/mental-health-coronavirus/> (for tweets in German language)

In last week, about

one in one hundred

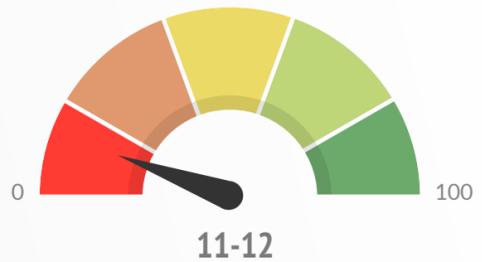
coronavirus-related tweets was about **mental health issues**.



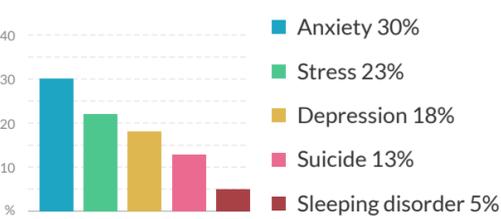
Within tweets in German, the volume of conversations around suicide was increased by over 6 times on March 29 due to the unfortunate event of the Finance minister of Hesse.

The Mood Index from the conversations around Corona has stagnated at

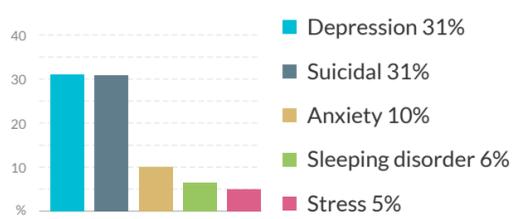
11-12



Most Discussed Mental Health Issues in English Tweets



Most Discussed Mental Health Issues in German Tweets



Percentage by volume from total mental health issue related Tweets

On the bright side,

people are also sharing positivity and ideas to cope in this difficult time.

Cooking, baking and especially trying out new recipes are often mentioned as activities that help deal with the stress caused by the lockdown. Some are turning into their inner world and rethinking about their values, desires, relationships and carrier path.



anonymous

Cooking random recipes on the ninja foodie while drinking a craft beer whole listening to music is my life now. Thanks covid-19 you setting the vibe.



anonymous

“People worldwide are fundamentally rethinking the way we work, shop, travel and gather. When we exit this crisis, the world will be different.” - Larry Fink, CEO of BlackRock, the world's largest asset manager speaking on effect of #Covid19

Most discussed positive words in English tweets are

united



trust



loved

